

Year 10 Themes

Autumn	
Mental Health: Managing challenges, reframing negative thinking, promoting mental health, signs of mental ill-health, support and treatment, mental health in the media, stigma, stereotypes and misinformation	Health and Wellbeing: Role models, media's impact on the portrayal of gangs, gang culture, personal safety around drugs and alcohol, keeping safe in situations of substance abuse, peer influence, seeking help for addiction
Spring	
Financial Decision Making: Budgeting and saving, managing debt, credit rating, collecting and sharing of data, gambling, online gambling, support for addiction, fraud, cyber crime	Relationships: inclusion, respect, belonging, Equality Act, media bias, managing conflicting views and misinformation, discrimination, extremism and radicalisation
Summer	
Living in the Wider World: Career development, work and learning opportunities, responsibilities in the workplace, health and safety, positive personal presence online, work experience	Healthy Relationships: Relationship values, social norms regarding sex, gender and relationships, online relationships, consent, capacity and coercion, exploitation, victim blaming, asexuality, abstinence and celibacy