

Year 11 Themes

Autumn	
Health and Wellbeing: Judgement and stereotyping, ambition, character development, self-concept, stress and stress management, creating positive and safe online content, balancing time online	Careers: Careers surveys, Employability skills, SWOT analysis, action planning, application processes, progression pathways, flex points (individual strengths and achievements)
Spring	
Relationships: Personal values and emotions, gender identity, expression and sexual orientation, communicating assertively, harassment and stalking, relationship abuse, exploitative relationships, accessing support Health and Wellbeing: Personal safety in social situations, emergency first aid, lifestyle links to cancer, vaccinations and immunisations, accessing health care services, cosmetic and aesthetic body alterations, blood organ and stem donation	Careers: Employment, finances and employment, contracts, health and safety, CV writing, interview preparation, mock interviews, personal statements, cover letters, online job searches Reviewing action plans and SMART targets, Employability skills development Essential personal paperwork and documents for future
Summer	
Relationships: Family structures, fertility, pregnancy, birth and miscarriage, unplanned pregnancies, adoption and fostering, loss and grief, honour-based violence, forced marriage, British Values revisit Sex education revisit	Careers: Preparing for exams, securing work experience and part time employment, interview practice, preparing a record of achievement, skills for Further Education and Apprenticeships.