

Year 9 Themes

Autumn 1
Health and Wellbeing: Healthy and unhealthy relationships, gangs, influences online, risks relating to drugs and alcohol, knife crime.
Autumn 2
Living in the wider world: Health risks relating to drugs and alcohol, addiction, Careers: Transferable skills, setting goals for the future, types of employment and career pathways
Spring 1
Respectful Relationships: Types of families, positive relationships in the home, homelessness, conflict, conflict resolution, managing relationship changes, accessing support services
Spring 2
Healthy Lifestyles: Physical and mental health, work balance, sleep, exercise, health eating, body images, taking responsibility for health e.g. self-examination
Summer 1
Intimate Relationships: Readiness for sexual activity, myths and misconceptions, consent, protection, consequences of unprotected sex, media and pornography, STIs, contraception, sharing of sexual images, securing personal information online.
Summer 2
Employability Skills: Employment rights and responsibilities, enterprise, constructive feedback, personal branding, accessing support for concerns relating to life online